

Food Express Catering Menu



Breakfast Menu

Corporate Continental

Freshly baked assorted pastries such as bagels, muffins, Danish, sweet breads, cinnamon buns, croissants, butter, cream cheese & preserves. Served with fresh fruit salad and our complete gourmet coffee service and juice.

\$6.50 per person

Carolina French Toast

Delicious French toast served in a heated chaffer with fresh berries and maple syrup, confectionary sugar, fresh fruit salad and juice.

\$5.50 per person

Breads & Spreads

Warm biscuits and gravy with assorted bagels, croissants, butter, cream cheese and preserves, peanut butter, and nutella. Served with fresh fruit, melons & berries and juice.

\$3.95 per person

Carolina Country Breakfast

Corporate Egg Scramble (eggs served plain or western scramble), bacon, southern biscuits in a heated chafer, served with butter, preserves and honey, real country gravy or grits, Fruit Salad, Breakfast Potatoes, Juice & Coffee

\$7.50 per person

Morning Breakfast Sandwiches

On English muffin bagel or biscuit, Bacon, ham, egg, cheese, or sausage

\$3.75 Per Person

The Right Choice Breakfast

Includes mini bagels, fruited cream cheese, butter, fresh fruit and low-fat yogurt coffee and Juice

\$6.50 per person

Oatmeal Bar

Freshly Made Old Fashioned Oatmeal accompanied by fresh berries blueberries, strawberries, apples, bananas, and raisins, nuts such as sliced almonds and walnuts, raisins, brown sugar, maple syrup, cinnamon and fresh cream. Includes freshly baked muffins, croissants, and bagels with butter, preserves and cream cheese, as well as sliced pineapple, honeydew, cantaloupe and juice.

\$5.95 per person

Yogurt Bar

A selection of vanilla and strawberry yogurt accompanied by bowls of fresh sliced strawberries, blueberries, and bananas, raisins & Raisins, honey, nuts and granola. Includes freshly baked muffins, croissants, butter, preserves and cream cheese, as well as sliced pineapple, honeydew, cantaloupe juice.

\$7.45 per person

Box Lunches

Express Box 1 \$6.95

Contains your choice of Sandwich,
Chips, Cookie And Beverage.

- Smoked Turkey Sandwich
- Roast Beef Sandwich
- Chicken Salad
- Tuna Salad
- Vegetarian
- Ham Sandwich
- Italian
- Pesto Chicken
- Assorted
- White Bread
- Whole Grain
- Wrap

Express Box 2 \$8.50

Contains your choice of Sandwich,
Chips, your choice of a side, Cookie or
Brownie and a Beverage.

- Smoked Turkey Sandwich
- Roast Beef Sandwich
- Chicken Salad
- Tuna Salad
- Vegetarian
- Ham Sandwich
- Grilled Chicken
- Italian Sub
- Pesto Chicken
- Assorted
- White Bread
- Whole Grain
- Wrap

Express Box 3 \$9.50

Contains your Choice of sandwich,
Chips, Pasta Salad & Fruit Salad
Cookie or Brownie, & Beverage

- Smoked Turkey Sandwich
- Roast Beef Sandwich
- Chicken Salad
- Tuna Salad
- Vegetarian
- Ham Sandwich
- Grilled Chicken
- Italian Sub
- Pesto Chicken
- Assorted
- White Bread
- Whole Grain
- Wrap

Lunch Platters

Deluxe Sandwich Platter

Assorted deluxe sandwiches, including Italian (salami, pepperoni, Ham, provolone), Pimiento Cheese, The Royal (salami, ham, turkey, roast beef, Swiss), Vegetarian Club (grilled portabella mushrooms, roasted peppers, basil pesto, goat cheese), Chicken Salad (w/ grapes & pecans, provolone), Club (ham, turkey, cheddar, Swiss, bacon), Grilled Chicken (bacon, lettuce, tomatoes), and Pesto Chicken (basil pesto, roasted peppers, goat cheese). Served on a variety breads. Includes your choice of two side dishes, Pasta, Broccoli or Potato Salad, Chips, mustard, and mayonnaise.

\$9.95 per person

Fruit & Cheese Board

A selection of Pepper Jack, Cheddar, Havarti and Swiss served with Crackers grapes, strawberries and assorted berries.

\$4.00 per person

Dessert Platter

An assortment of delicious bars & Cookies such as but not limited to, Brownies, Lemon Bars, freshly Baked Cookies.

\$3.45 per person

Salad Express

Cobb Salad

Chicken, on greens with blue cheese crumbles, avocado, bacon, hard boiled eggs, rolls and butter.

Thai Beef Salad

Crisp carrots, cucumbers, red peppers, snap peas and red cabbage in a slightly sweet and spicy Peanut dressing on a bed of Romaine, rolls and butter.

Chicken Salad

Choice of our Ranch chicken, Pesto chicken salad or Grilled Italian Chicken salad on a bed of mixed greens, yeast rolls.

Chef Salad

Classic turkey, ham, cheese, hardboiled egg, rolls and butter.

Classic Caesar Salad

Chopped Romaine, Caesar Dressing, Croutons, Cherry Tomatoes, & Parmesan Cheese

Salads \$8.50 with Protein \$5.50 without
Your Choice of dressings

House Salad

Mixed greens with cranberries, pears and choice of Feta or Gorgonzola with choice of grilled chicken, Tuna Salad or Chicken Salad, rolls and butter.

Hot Entrees

Vegetable Or Meat Lasagna

Includes house salad, Roll & Butter and Beverage

\$11.95 per person

Carolina BBQ Pork

Pulled Pork BBQ, Cole Slaw, Potato salad, Baked Beans, Hot Fruit Cobbler, Corn Bread & Beverage

\$12.95 per person

Chicken in Garlic Tomato Sauce

Grilled boneless breast with delicious tomato sauce, served over pasta with Broccoli & Hot yeast rolls. Beverage included

\$10.75

Visit our weekly menu from the café.
Do you see something you would like to have for
your event?

We can do that!

Contact your Café manager
To create your lunch event today!